

Awards Plus means

- youth awards – outdoors-focused, nature-based, adventurous.
- extra, tailored support, especially for those who benefit most from additional help.
- connections, pathways and progression between youth awards.

Awards Plus is for

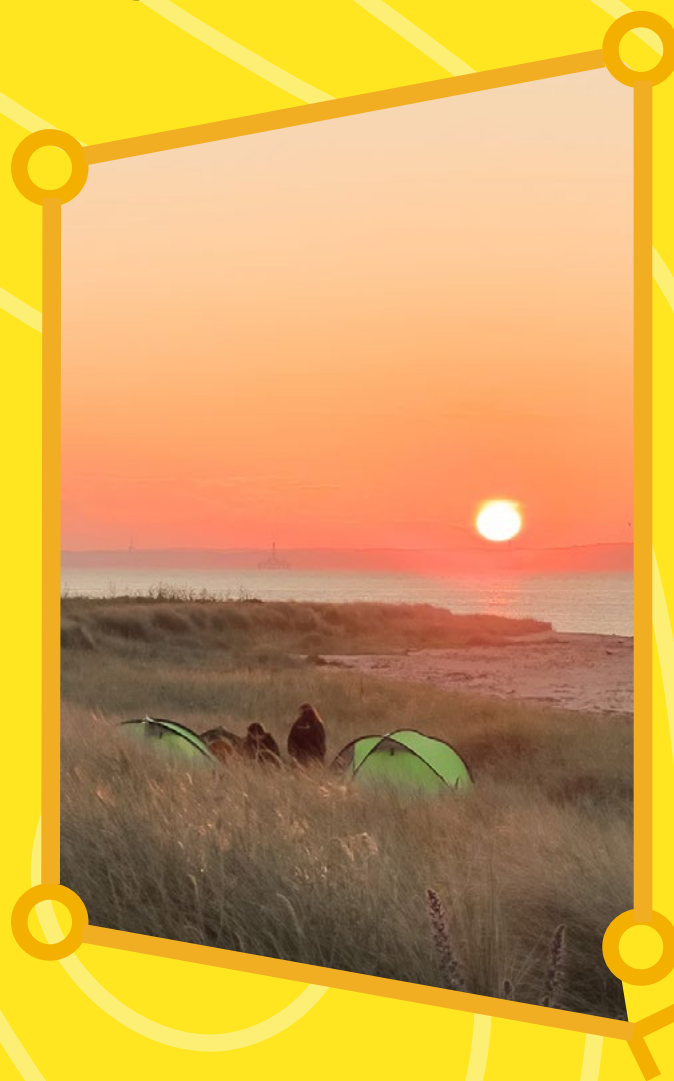
- 14-25 year-olds.
- individuals, youth groups and schools across Edinburgh & The Lothians.
- young people who might miss out on opportunities - for practical or financial reasons, due to additional support needs, and for reasons associated with mental health difficulties.

Awards Plus provides

nature-based youth awards, expeditions and 1:1 mentoring support – with a focus on young people who might need extra support. This includes direct delivery, guidance, training and signposting.



Your path to awards



formerly



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Supporting achievement
for all
through youth awards

- Individuals
- Youth groups
- Schools



- Nature-based youth awards
- Expeditions
- 1:1 Mentoring support

- Personal achievement
- Nature connectedness
- Accessibility, Equity, Inclusion

Supporting achievement for all through youth awards

Awards Plus

- runs, supports and signposts **nature-based awards** - youth awards with elements of enjoying, learning about and caring for nature.
- leads, trains, equips and supports **expeditions**, primarily for Duke of Edinburgh's Award participation.
- provides **1:1 mentoring support** for young people experiencing mental health difficulties who are open to outdoor activity opportunities and youth awards involvement. We work closely with NHS Lothian Children and Adolescent Mental Health Service (CAMHS).

An 'Open Programme' of awards activity offers a rich mix of opportunities to meet individual interests.

Awards Plus (as Friends of the Award) has been supporting Duke of Edinburgh's Award participation for 25 years. Extensive expertise helps make expeditions accessible for young people who may face additional challenges.

"I've successfully completed my Bronze DofE Award, I'm now working towards Silver as well as a John Muir Award and a Heritage Hero Award. Without support from Awards Plus I wouldn't be able to do all this. It's had a huge impact on my wellbeing and my health in general. My confidence has gone from -3 to about an 8."